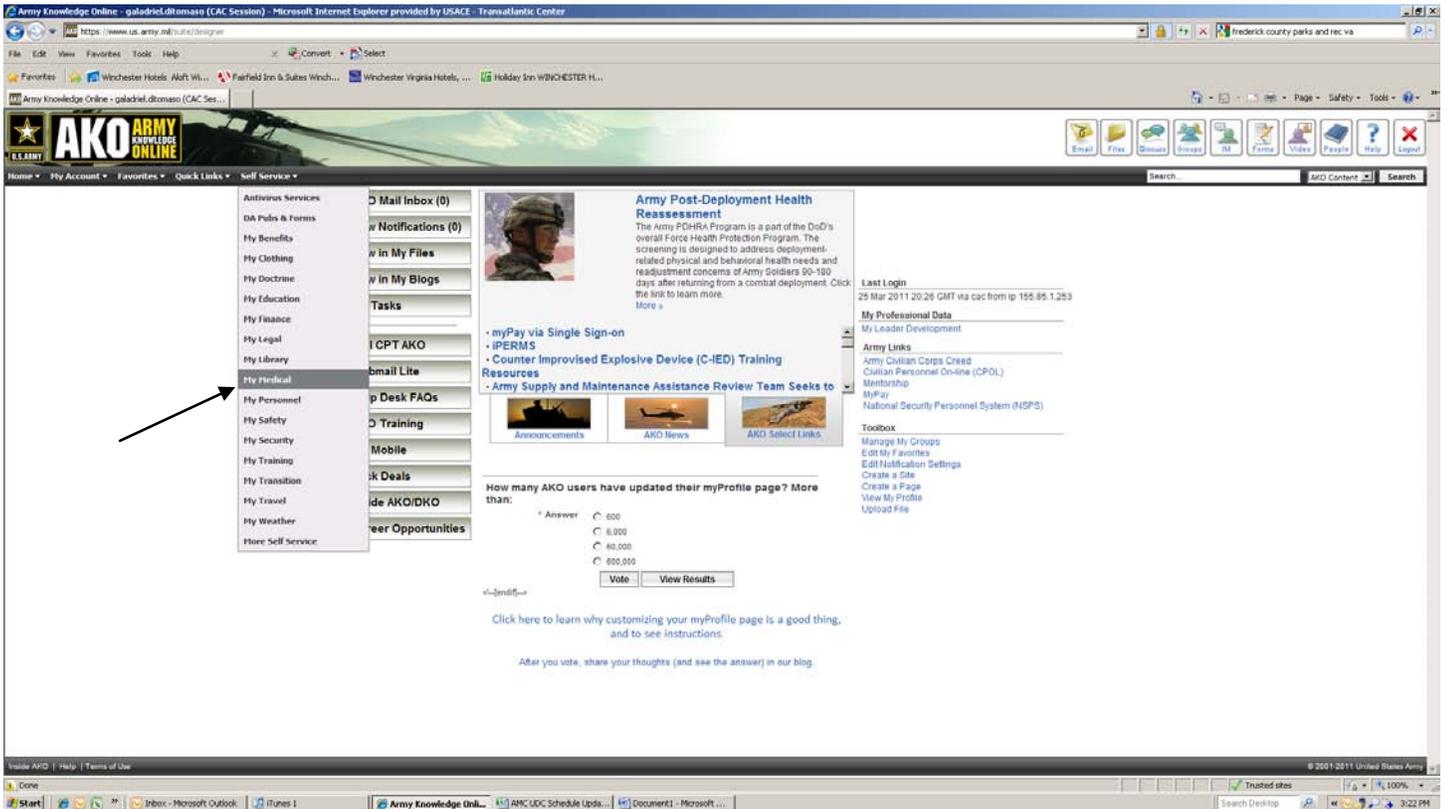
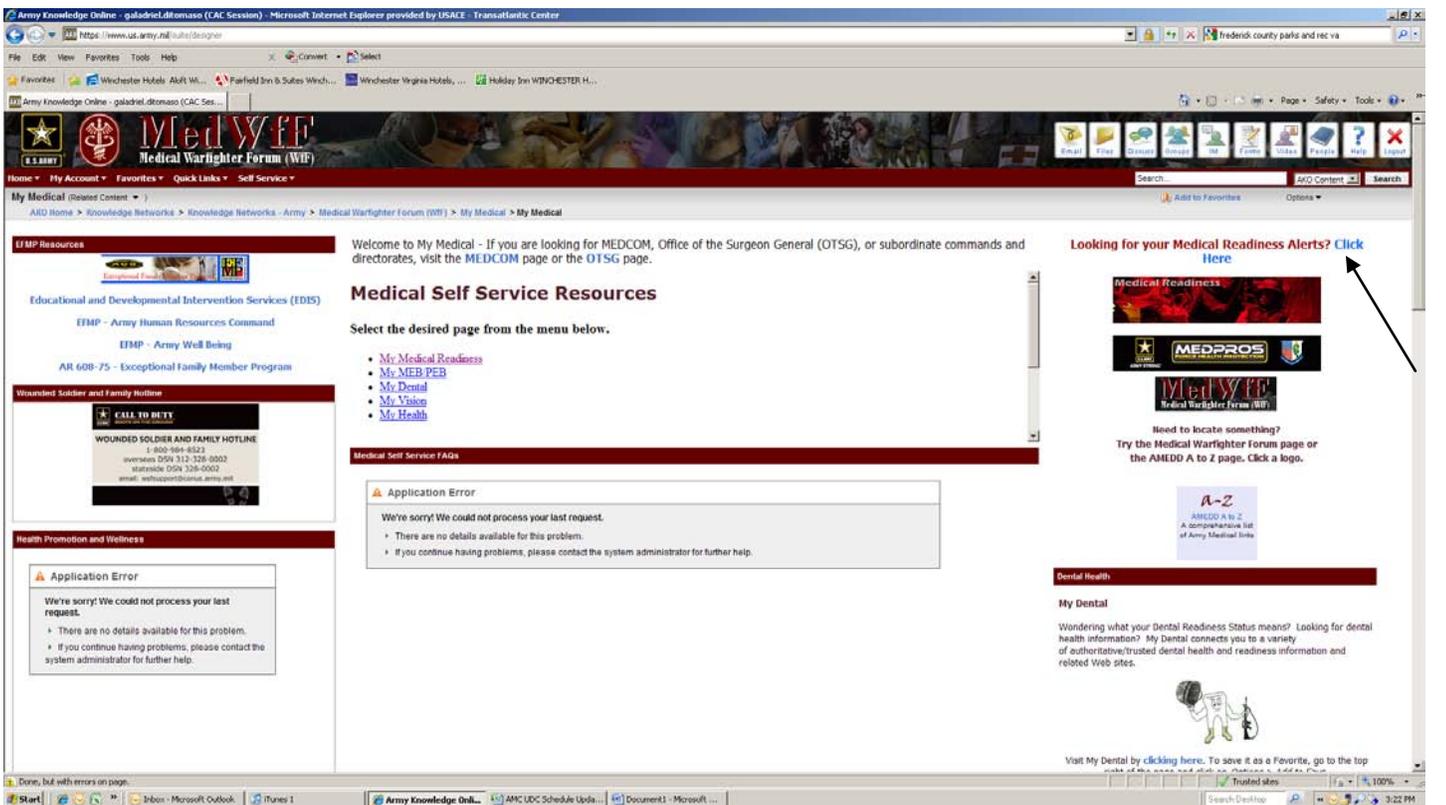


- 1) Log into your AKO account at www.us.army.mil
- 2) Under AKO banner select the "Self Service" menu
- 3) Click "My Medical"



- 4) In the upper right hand corner click the blue "Click Here"



6) Click the "Deployment Health Assessment" link.

Medical Readiness Tools

Deployment Health Assessments

Periodic Health Assessment (PHA)

Post Deployment Health Reassessment (PDHRA)

My Dental

My MEB/My PEB

My Vision

Army MOVE!

Application Error

We're sorry! We could not process your last request.

- There are no details available for this problem.
- If you continue having problems, please contact the system administrator for further help.

7) Click on "Pre Deployment DD2795" tab.

Deployment Health Assessments

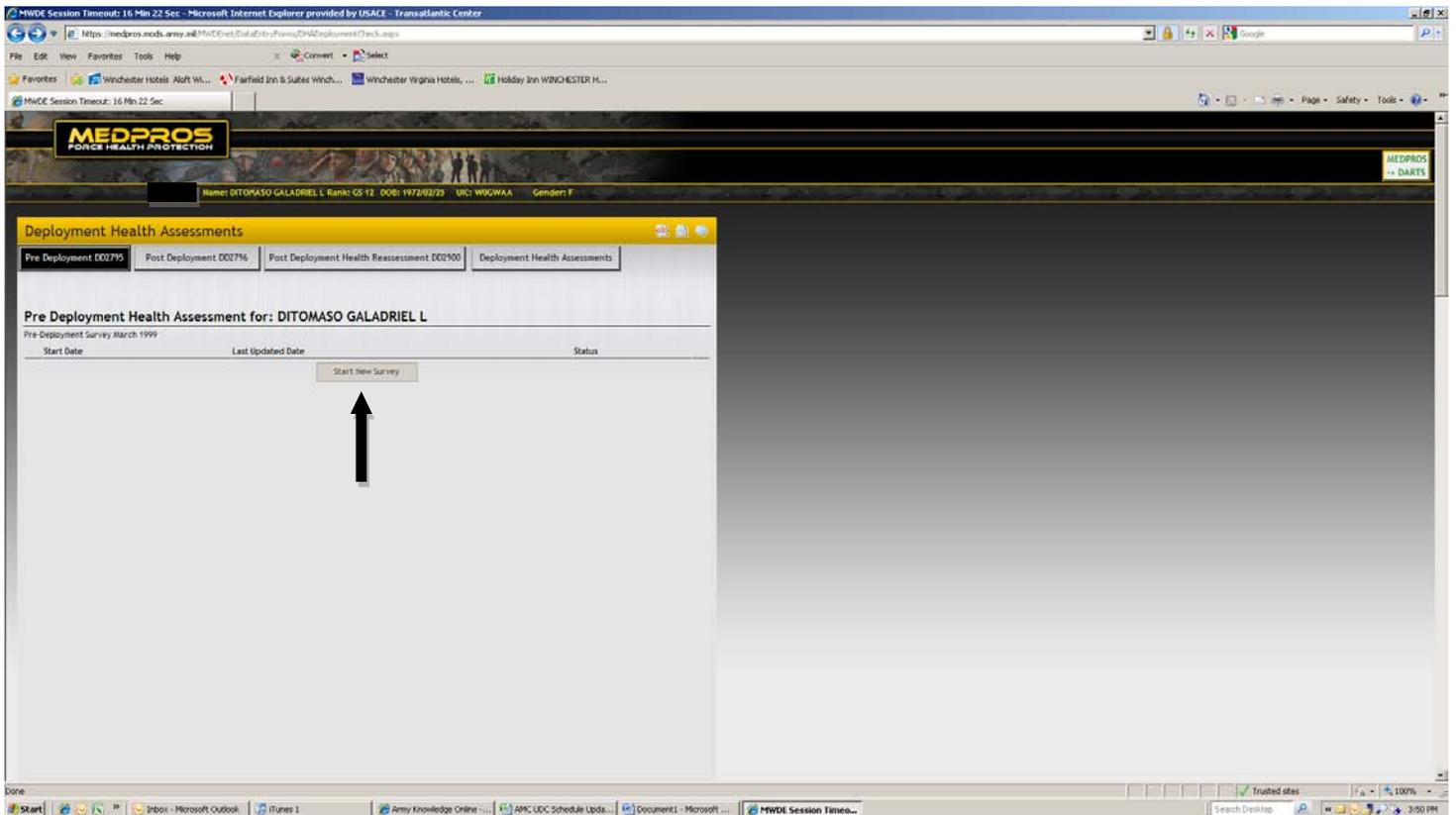
Pre Deployment DD2795

Post Deployment DD2796

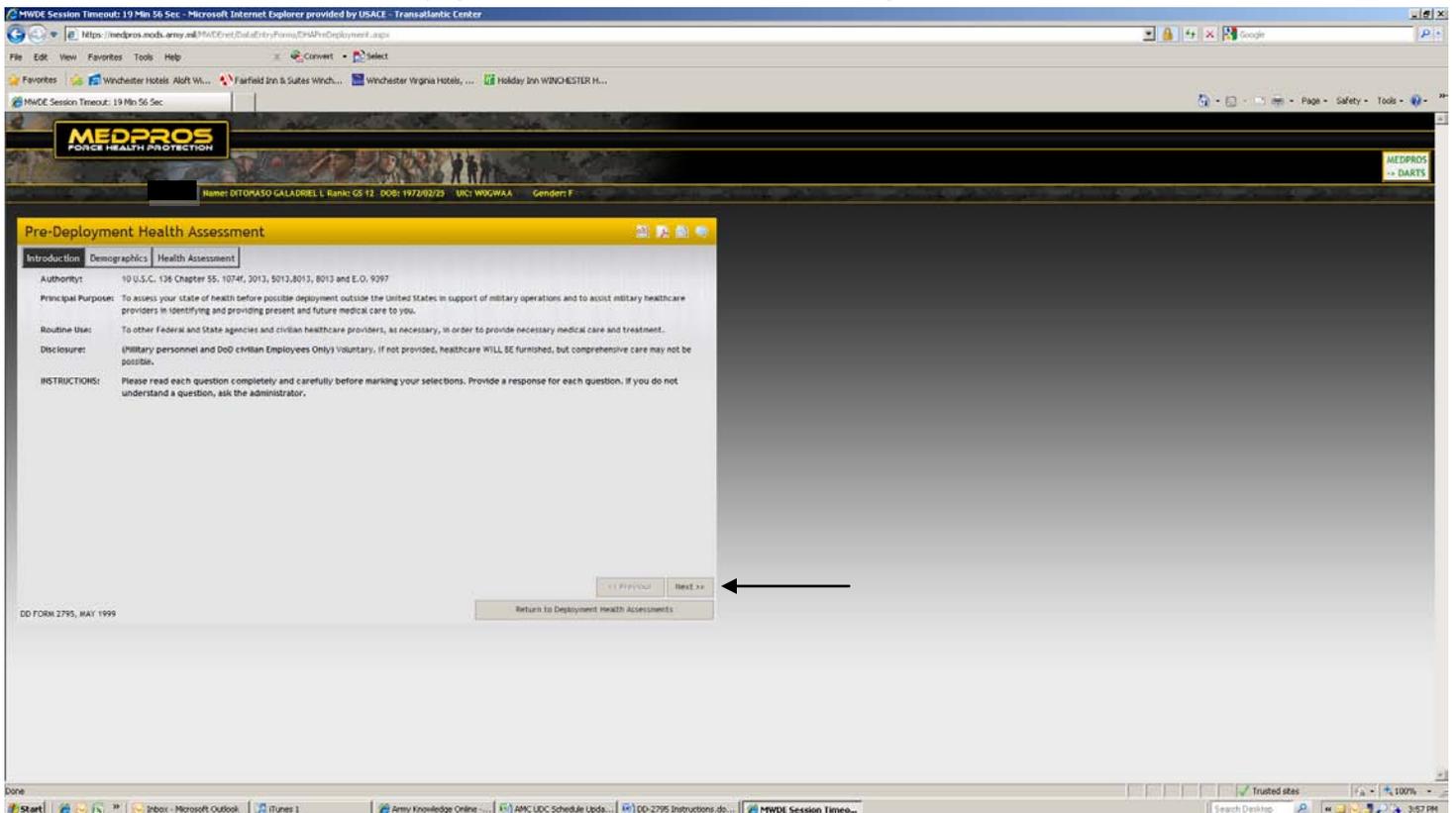
Post Deployment Health Reassessment DD2900

Deployment Health Assessments

- 8) Click “Start a New Survey” button. If you have a completed Survey from a previous deployment you will need a new one for this deployment. If you have an incomplete survey from a previous deployment you may need to delete it before you can complete a new one.



- 9) On the instructions page click “Next” button in the lower right hand corner.



10) Complete all the yellow portions of the Demographics portion. Make sure to select "Other" from the pay grade menu on the right. When finished click "Next" button.

The screenshot shows the 'Demographics' section of the 'Pre-Deployment Health Assessment' form. The form is titled 'Pre-Deployment Health Assessment' and has three tabs: 'Introduction', 'Demographics', and 'Health Assessment'. The 'Demographics' tab is active. The form contains several fields, some of which are highlighted in yellow to indicate they need to be completed. These include the 'Deploying Unit', 'Gender', 'Service Branch', 'Component', 'Location of Operation', 'Deployment Location (IF KNOWN)(CITY,TOWN,BASE)', 'List country (IF KNOWN)', and 'Name of Operation'. The 'Pay Grade' dropdown menu is circled in red, and a red arrow points to it. The 'Next' button is also indicated by a black arrow. A red error message at the bottom of the form reads: 'This Demographic Section is incomplete Health Assessment Section incomplete'. The form is identified as 'DD FORM 2795, MAY 1999'.

11) Complete the Health Assessment Portion and then click the "Submit" button.

The screenshot shows the 'Health Assessment' section of the 'Pre-Deployment Health Assessment' form. The form is titled 'Pre-Deployment Health Assessment' and has three tabs: 'Introduction', 'Demographics', and 'Health Assessment'. The 'Health Assessment' tab is active. The form contains eight numbered questions, each with a dropdown menu for the answer. The questions are: 1. Would you say your health in general is:; 2. Do you have any medical or dental problems?; 3. Are you currently on a profile, or light duty, or are you undergoing a medical board?; 4. Are you pregnant? (FEMALES ONLY); 5. Do you have a 90-day supply of your prescription medication or birth control pill?; 6. Do you have two pairs of prescription glasses (if worn) and any other personal medical equipment?; 7. During the past year, have you sought counseling or care for your mental health?; 8. Do you currently have any questions or concerns about your health? Below the questions is a text box for 'Please list your concerns (90 characters max.)'. The 'Submit' button is highlighted with a black arrow. A red error message at the bottom of the form reads: 'Health Assessment Section incomplete'. The form is identified as 'DD FORM 2795, MAY 1999'.

12) A completed survey should have a blue “**Provider Portion Not Completed**” and a red “**Member Portion Not Completed**”. These items will be completed while you are the UDC.

The screenshot shows the MEDPROS web application interface. At the top, there is a navigation bar with the MEDPROS logo and a user profile for DITOMASO GALADRIEL L. Below this, there are tabs for 'Pre Deployment DD2795', 'Post Deployment DD2795', 'Post Deployment Health Reassessment DD2700', and 'Deployment Health Assessments'. The main content area displays a 'Pre Deployment Health Assessment for: DITOMASO GALADRIEL L' with a 'Start Date' of 'MAR 28 2011 12:00AM' and a 'Last Updated Date' of 'MAR 28 2011 12:00AM'. A table below shows the assessment status, with a red arrow pointing to the 'Status' column which contains the text 'Provider Portion Not Completed' and 'Member Portion Not Completed'. The interface also includes a 'Start New Survey' button and a 'Delete Incomplete' button.

13) In order to print the DD-2795 you will need to use the print icon on the yellow header in the upper right hand corner. 

14) Submit the printed copy of the DD-2795 to your AMC LNO as part of your medical package.